

Tôi nên hỏi bác sĩ của tôi những câu hỏi gì?

Tôi có ph i là i t ng phù h p cho PrEP?

Tôi còn có nh ng l a ch n nào khác gi m nguy c lây nhi m HIV?

M c hi u qu c a PrEP trong vi c giúp gi m nguy c nhi m HIV c a tôi?

Có ph n ng ph nào không?

Bác s có th kê n PrEP cho tôi ây không?

Có cách nào giúp tôi chi tr cho PrEP n u tôi c n h tr không?

Bác s có s n sàng kê n và qu n lý PrEP cho tôi không?

Bao lâu thì tôi c n ph i xét nghi m HIV và các b nh lây truy n qua ng tình d cm t l n?

Câu hỏi bổ sung cho phụ nữ:

PrEP có th giúp tôi mang thai m t cách an toàn n u b n tình c a tôi b nhi m HIV?

Tôi có th dùng PrEP n u tôi âng mang thai ho c âng cho con bú không?

Tài liệu tham khảo dành cho Nhà cung cấp

Preexposure Prophylaxis for the Prevention of HIV Infection - 2014: A PHS Clinical Practice Guideline

<http://www.cdc.gov/hiv/pdf/guidelines/PrEPguidelines2014.pdf>

Preexposure Prophylaxis for the Prevention of HIV Infection - 2014: Clinical Providers' Supplement

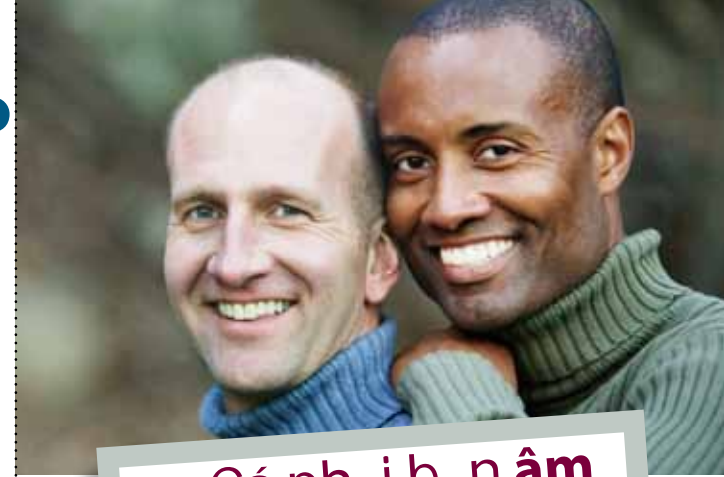
<http://www.cdc.gov/hiv/pdf//guidelines/PrEPProviderSupplement2014.pdf>

Gilead Sciences PrEP Website: có ng thông tin v thu c, vi c s d ng thu c cho PrEP và thông tin v Ch ng trình H tr Thu c. <https://start.truvada.com>

Tài liệu tham khảo dành cho bạn

Blog kinh nghiệm PrEP của tôi
<http://myprepexperience.blogspot.com>

Thông báo dự án: PrEP
<http://www.projectinform.org/prep>



Có ph i b n âm tính với HIV nh ng lo l ng b n có th dương tính?

Chịu trách nhiệm

**NÓI CHUYỆN
VỚI BÁC SĨ
CỦA BẠN VỀ
PrEP**



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

What is PrEP?

PrEP stands for “pre-exposure prophylaxis”.

Taking a daily dose of Truvada[®]* was approved in July 2012 for reducing the chance of getting HIV infection in people who don't have HIV.

When used with other safer sex practices (like condoms), PrEP can help protect you from getting HIV from an infected partner.

Truvada[®]* can be used for HIV prevention by men who have sex with men, men who have sex with women, women who have sex with men, and injection drug users.

*The use of trade names and commercial sources is for identification only and does not imply endorsement by the U.S. Department of Health and Human Services.



HOW TO TALK TO YOUR DOCTOR ABOUT PrEP



Before Your Visit

Make an appointment with your health care provider. Your doctor can help you to decide if PrEP would be a good choice for you.

Do research. Make a list of reasons that you think that PrEP would be a good choice for you.

Think about your routine, especially things that might make it easy or hard to take a daily medication.

Make a health history list for your doctor. That includes any past illnesses or concerns you have, as well as a list of your current medications (including supplements, herbs, etc.).

Make sure a translator is available or bring someone who can translate if you would prefer to speak a language other than English during your appointment.

During Your Visit

Be clear. Take out your notes and tell your doctor that you are interested in PrEP right away.

Do not be shy. Give your doctor all the details about your life that could be important to your health. Don't worry about being judged.

If your sex life is a hard topic to talk about, say that to your doctor. It will help to start the conversation.

Ask questions. You want to be sure that you understand what your doctor is telling you.

Take notes during your visit so that you can remember what your doctor said.

After Your Visit

Review your notes or any information provided by your doctor.

Consider your options. Your doctor gave you a lot of information. Now it is up to you to make the right decision for you.
<http://www.cdc.gov/hiv/risk/behavior/index.html>

Call your doctor if you have more questions. Ask to speak to a nurse if your doctor is unavailable.

Schedule tests or follow-up appointments your doctor requested.

Get your results if you had tests done at your appointment.

If you feel comfortable, you may want to discuss this choice with your partners, family, or friends.